# Bluegrass Cycling Club Ride Sign-In

Mail to: Sheila Tolley
605 Dicksonia Circle
Lexington, KY 40517

Ride Leader (s): _____

Ride Location: _____ Ride Date: _____

**BLUEGRASS CYCLING CLUB ("CLUB") Sign-up Sheet, Release and Waiver of Liability Assumption of Risk And Indemnity Agreement ("Agreement")**

**IN CONSIDERATION of being permitted to participate in any way in Bluegrass Cycling Club ("Club") sponsored Bicycling Activities ("Activity") I, for myself, my personal representatives, assigns, and next of kin:**

**1. ACKNOWLEDGE, AGREE, AND REPRESENT that I understand the nature of Bicycling Activities ad that I am qualified, in good heath, and in proper physical condition to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.**

**2. FULLY UNDERSTAND THAT: (A) BICYCLING ACTIVITIES INVOLE RISKS AND DANGERS OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS AND DEATH ("RISKS"); (B) these Risks and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the Activity, the conditions in which the Activity takes place, or THE NEGLIGENCE OF THE ""RELEASEES" NAMED BELOW; (C) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not know to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONCEILILITY FOR LOSSES , COSTS AND DAMAGES I incur as a result of my participation in this Activity.**

**3. HEREBY RELEASE, DISCHARGE, AND COVENANT NOT TO SUE the Club, their respective administrators, directors, officers, volunteers, and employees, other participants, any advertiser, and, if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the "RELEASEES" herein) FROM ALL LIABILITY, CLAMS, DEMANDS, LOSSSES OR DAMAGES ON MY ACCOUNT CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS; AND I FUTHER AGREE that if, despite this RELEASE AND WAIVER OF LIABILTY, ASSUMPTION OF RISK, AND INDEMNTY AGREEMENT. or anyone on my behalf, makes a claim against any of the Releasees, I WILL INDEMNIFY, SAVE , AND HOLD HARMLESS EACH OF THE RELEASEES from and litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as the result of such claim.**

**4. AFFIRM THAT MY BICYCLE IS IN SAFE OPERATION CONDITION and that I am competent to handle it under all conditions met on and off public roads. I am aware of and shall abide by all traffic laws and regulations. I WILL WEAR A HELMET (CPSC, ASTM, OR SNELL-APPROVED) WHILE RIDING MY BICYCLE IN THE ACTIVITY, AND WILL PRACTICE CURTESY AND SAFETY WHILE RIDING MY BICYCLE IN THE ACTIVITY.**

**I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS AND UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND HAVE SIGNED BELOW FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.**

| Signature | Print Name CLEARLY | Mileage | Vehicle Description | Check in |
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